

CONTENTS

Nature Reserve is indicated in green.

National Park is indicated in red.

Italics refer to sites outside the Nature Reserve/National Park

Key Map	6–12	Nahal Sa'ar	67
Hermon	18–25	Beit Hillel	67
Mt. Habetarim	22	Nahal Iyon (Ayoun)	68–73
The Ski Resort	22	Map of Nature Reserve	70
Settlements on the Slopes of the Hermon	23	Metulla	72
Majdal Shams	23	Menara Cliff	73
Mas'ada	23	Tel Hai	73
Ein Kunya	24	Hula	74–79
Neveh Ativ	24	Map of Nature Reserve	77
		The Dubrovin Farm	79
Nimrod Fortress	26–33	Tel Hazor	80–85
Nimrod Fortress—Plan	30–31	Map of the Mound and Excavation Areas	82
Nahal Hazur & Nahal Guva	33	Map of Tel Hazor—Sites to Visit	83
Nahal Nimrod	33	Hazor Museum	84
Nahal Hermon & Banias		Upper Jordan Valley & Jordan River Park	86–91
Falls	34–39	Map of Jordan River Park	88
Map of Nature Reserve	37	Katzrin:	
Odem Forest Nature Reserve	38	Archaeological Park	90
Birket Ram	39	Golan Antiquities Museum	91
		Golan Winery Visitors' Center	91
Yehudiya Forest & Golan		Korazim (Chorazin)	92–97
Rivers	40–47	The Synagogue	93
Map of Nature Reserve	44–45	Chorazin—Plan of Site	95
Hiking Trails	44	Rosh Pina	95
		Vered Hagalil	96
Gamla	48–53	Tiberias & Environs	96
Map of Nature Reserve	50	Nahal Amud	98–107
Ancient synagogue—Plan	51	Map of Nature Reserve	101
Nahal El Al Nature Reserve	53	Sites Along the Nahal	102
Hurshat Tal	54–59	Safed: Sites to Visit	103
Map of Hurshat Tal	56	Safed—The Old City (map)	104
Kayaking at Kfar Blum	57	Bar'am	108–109
Jordan River Promenade	57	The Synagogue	108
Nahal Orvim Nature Reserve	58	Bar'am Forest Reserve	112
Sde Nehemya	58	Kibbutz Yiron: Agam-Hai	113
Tel Dan	60–67		
Tel Dan—Plan	63		
Map of Nature Reserve	65		
Beit Ussishkin	66		
Kiryat Shmona	66		
Golani Lookout	66		

<i>Nahal Hatzor Reserve and the Alma Cave</i>	113	Capernaum (Kfar Nahum) 152–155	The Capernaum Synagogue	152
Mount Meiron	114–119		House of St. Peter	154
Horbat Bak	118		Plan of the Synagogue	154
Ancient Meiron	118		Susita	155
Sa'ar Cave	119		<i>Mount of Beatitudes</i>	155
<i>El-Buqei'a (Peki'in)</i>	119	Kursi	156–161	
Nahal Betzet	120–125		<i>Beit Saida Valley</i>	157
The Tributaries of Nahal			Kursi—Plan of the Basilica	158
Betzet	122		<i>Golan Beach</i>	160
Map of Nature Reserve	124		<i>Ein Sheva (Tabgha)</i>	160
Sarach Cave	124		<i>Church of the Multiplication of the Loaves and Fishes</i>	
Horbat Karkara (Ruins)	124		(+ plan)	161
Namer Cave	124		<i>St. Peter's Church</i>	161
Keshet Cave	124	Hamat Tiberias (Tiberias)		
<i>Hanita and the Nahal Hanita Reserve</i>	125	Hot Springs)	162–169	
Nahal Keziv & Montfort	126–133		The Synagogue	163
Map of Nature Reserve	128–129		Map of Site	164
The Montfort Castle	128		Plan of Synagogue	165
<i>Lake Montfort (Hosen)</i>	129		<i>Arbel</i>	167
<i>Metzad Abirim Reserve</i>	131		<i>Karnei Hittim and Nabi Shue'ib</i>	167
<i>Hurfeish, Mt. Zevul and Nabi Sabalan (+ map)</i>	131		<i>The Battle of Hattin (1187)</i>	
Nahal Yehi'am & Yehi'am Fortress	134–139		—Map	168
Map of Nature Reserve	136		<i>Kinneret Courtyard</i>	168
The Yehi'am Convoy	136		<i>Beit Gabriel and the Jordan Valley Promenade</i>	169
<i>Ma'alot-Tarshiha</i>	136	Nahal Tavor	170–177	
Yehi'am Fortress—Plan	138		Map of Nature Reserve	172
<i>Sela'im Park Promenade</i>	138		Sites Along the Nahal	173
<i>Nahal Shagur Canyon (Beit Hakerem Canyon)</i>	138		<i>Mount Tabor (+ plan)</i>	174
<i>Kelil</i>	139		<i>Giv'at Hamoreh Nature Reserve</i>	176
Achziv	140–145	Kochav Hayarden (Belvoir)	178–183	
The ez-Ziv Bridges and the “Night of the Bridges”	143		Belvoir Fortress	180
<i>Rosh Hanikra</i>	144		Reconstruction	180
<i>Tel Nahariya (+ map)</i>	145		Plan	181
<i>Kibbutz Gesher Haziv</i>	145		“Old Gesher” and Naharayim	183
Nahal Na'aman & Ein Afek	146–151	Ma'ayan Harod	184–189	
Map of Nature Reserve	148		Settlement in the Jezreel Valley	184
<i>The Bahai Shrine</i>	149		Olga and Yehoshua Hankin	186
			<i>Tel Yizre'el (Jezreel)</i>	188
		Gilboa	190–195	
			Along the Gilboa Trail	193

Map of Nature Reserve	195	Map of Nature Reserve	256
Gan Hashlosha	196–201	<i>The Glass Factory at Kibbutz Nahsholim</i>	258
Museum of Regional and Mediterranean Archaeology	198	<i>Zichron Ya'akov (+ map)</i>	258
“Tower-and-Stockade” Exhibit	198	Nahal Taninim	260–265
Map of National Park	199	Map of Nature Reserve	262
<i>Gan Garoo Park</i>	200	Archaeological Sites	263
<i>Nahal Kibbutzim</i>	200	<i>The Kebara Cave</i>	264
Beit Alfa Synagogue	202–207	<i>Timsah Pools Nature Reserve</i>	264
Plan of Synagogue	206	<i>Yonim (Dove) Island</i>	265
<i>Ein Moda</i>	207	Caesarea	266–273
Beit She'an	208–215	Sites in the National Park (+ map)	269
Beit She'an—Plan of Site	210	<i>Ralli Museum</i>	272
National Park Sites	211	<i>Sdot Yam—Archaeological Museum</i>	272
<i>Beit Sturman</i>	215	<i>Ein Shemer—The “Old Courtyard”</i>	273
<i>Ganei Huga</i>	215	Nahal Alexander	274–279
<i>Kibbutz Ein Harod (Ihud): Haim Atar House of Art</i>	215	<i>The Soft-shelled Turtle and the Grey Mullet Fish in Nahal Alexander</i>	276
Tzipori	216–223	Attempts to Preserve Nahal Alexander	277
Map of National Park	218	<i>Hadera: Sites to Visit</i>	278
Sites to Visit at Tzipori	218	Sharon	280–285
<i>Tel Yodfat</i>	222	Sites to Visit	280
<i>Mt. Atzmon</i>	223	Map of National Park	283
Beit She'arim	224–229	<i>Sahek Otah (“Play Along”)</i>	283
Map of Ancient Beit She'arim	226	<i>Moshav Talmei El'azar—Carnivorous Plant Nursery</i>	284
The Necropolis	226	<i>Nahal Poleg Reserve</i>	285
<i>Alonei Abba and Beit Lehem Haglilit</i>	228	Apollonia (Tel Arsuf)	286–293
<i>Alonei Abba Nature Reserve</i>	229	Map of National Park	288
Tel Megiddo		Apollonia—The Crusader Fortress (+ plan)	290
Tel Megiddo—Plan	233	<i>Shfayim</i>	293
<i>Gi'at Noah (Ju'ara)</i>	234	<i>Park Yakum</i>	293
<i>Jezreel (Yizre'el) Valley</i>	235	<i>The Ga'ash Pool Reserve</i>	293
Nahal Me'arot	238–243	Yarkon & Tel Afek	294–301
Trails in the Reserve	241	Sources of the Yarkon River	294
Map of Nature Reserve	242	Tel Afek	296
Carmel & Carmel Wildlife Preserve	244–251	Map of National Park & Tel Sites Along the Yarkon	297
Principal Site on the Carmel	246		298
<i>Daliyat el Karmil and Isfiya</i>	250		
<i>Ramat Hanadiu National Park</i>	250		
<i>Shuni in Jabotinsky Park</i>	250		
Hof Dor-Habonim	252–259		
Hiking Trails Along the Coast	255		

<i>Nahshonim</i>	300	Ashkelon	336–343
<i>Migdal Afek</i>	300	Sites in the National Park	338
<i>Mazur Ruin (Mausoleum)</i>	301	Map of National Park	339
Stalactite (Sorek) Cave	302–307	<i>Kibbutz Yad Mordechai:</i>	
<i>The Martyrs Forest</i>	305	<i>Battlesite Reconstruction</i>	342
<i>Beit Jimal</i>	306	<i>Holocaust Heritage Museum</i>	343
Ein Hemed	308–311	Herodion	344–349
Crusader Structure	308	Herodion—General Plan	346
<i>Ein Bikura (Sataf)</i>	309	Herodion—Plan of the Mountain	
Map of National Park	310	Palace-Fortress	347
<i>St. John in the Desert Monastery</i>	310	Lower Herodion: Plan of the	
<i>Ein Kerem</i>	310	Northern Church	348
<i>Abu Ghosh</i>	311	<i>Solomon's Pools</i>	348
Castel	312–317	<i>Hariton Cave</i>	349
Map of the Battle on Castel		<i>Gush Etzion</i>	349
Hill, 3–9 April 1948	315	Qumran	350–355
<i>Tzova</i>	315	Qumran—Plan	353
<i>Har (Mt.) Tayasim</i>	316	The “Dead Sea Sect” in the	
<i>Kennedy Monument</i>	317	Way of the Essenes	353
Jerusalem (Around the		<i>Herod's Winter Palaces at Tulul</i>	
Old City Walls)	318–327	<i>Abu el Alayiq (+ plan)</i>	355
The Gates of Jerusalem	318	<i>Nahal Prat Reserve</i>	355
Map of the Old City	320–321	Einot Tzukim (Ein	
“David's Tower” (Citadel)		Feshkha)	356–363
(+ plan)	322	Balsam Cultivation	359
Mount Zion	323	Rosh Tzukim	360
Archaeological Excavations	325	Map of Nature Reserve	361
The Ophel Archaeological Garden		<i>The Martyrius Monastery</i>	360
325		<i>Khan el Hatruri (“Inn of the</i>	
The Muslim Cemetery	325	<i>Good Samaritan”)</i>	361
The Hinnom Valley	325	<i>Deir Hajla Monastery</i>	362
The Tombs in the Kidron Valley		<i>Mar Saba Monastery</i>	362
Absalom's Monument		<i>Nabi Musa</i>	363
(+ plan)	326	Ein Gedi Antiquities &	
The Tomb of Zechariah	327	Ein Gedi	364–373
Zedekiah's Cave (+ plan)	327	The Ancient Synagogue	366
Beit Guvrin–Tel Maresha	328–335	The Chalcolithic Shrine	367
Map of National Park	330	Map of Nature Reserve	368
Sites in the National Park	331	Hiking Trails in the Reserve	
<i>Hazan Caves</i>	334	Nahal David	372
<i>Kings' Forest</i>	334	The Hidden Waterfalls in	
<i>Britannia Park and Mitzpeh</i>		Nahal Arugot	372
<i>Massua</i>	334	<i>Kibbutz Ein Gedi</i>	373
<i>Khirbet Madras</i>	335	Masada	374–383
		Daily Life at Masada	377

Religious Life at Masada	388	<i>and Yorke'am Spring</i>	408
Along the Walking Trail	378	<i>Ma'aleh Akrahim</i>	410
Masada—Plan of the Site	379	Avdat & Ein Avdat	412–423
Map of Masada and the Surrounding Area	383	Avdat National Park	412
<i>Zohar Hot Springs</i>	383	Nahal Tzin	416
Nahal Besor & Eshkol	384–391	Ein Avdat National Park	417
Nahal Besor	384	The Silk Route	418
Eshkol National Park	386	<i>Sde Boker and Ben-Gurion's Desert Hut</i>	420
The Besor Route	388	<i>The Ben-Gurion Heritage Institute and Research Center at Sde Boker</i>	421
Map of Nature Reserve	390	Map of the National Parks and Surrounding Area	422
<i>Dangur/Nirim</i>	391	<i>The Ben-Gurion Gravesite</i>	422
<i>Horbat Ma'on (Ruin)</i>	391	<i>The Restored Farm</i>	422
<i>Horbat Patish (Ruin)</i>	391	<i>Caravanserai</i>	422
Tel Beersheba	392–397	<i>Yeroham Lake Park</i>	423
Tour of the Restored Israelite City	393	<i>Karmeil Avdat Farm</i>	423
Tel Beersheba—Plan	395	Shivta	424–429
<i>Modern Be'er Sheva</i>	396–397	The North Church— Reconstruction	426
<i>The Negev Museum</i>		Sites to Visit	426
<i>The Bedouin Market</i>		Shivta—Plan of the Site	428
<i>Abraham's Well</i>		<i>Mitzpeh Shivta</i>	429
<i>The Negev Brigade Memorial</i>		<i>Shivta Farm</i>	429
<i>The Old Railway Station</i>		<i>Rehovot in the Negev</i>	429
<i>The Turkish Bridge</i>		Machtesh Ramon	430–435
Tel Arad	398–403	Hiking Trails and Sites to Visit	434
The Canaanite (Lower) City	399	Eilat Mountains	436–441
The Israelite Citadels (Upper City)	399	Map of Nature Reserve area	438
Plan of the Israelite Citadel	400	Hiking Trails	
The Israelite Sanctuary	401	Southern Nahal Shani and the Red Canyon	440
The Ostraca	401	The Amram Pillars	440
<i>Modern Arad</i>	402	Shehoret Canyon	441
<i>Ein Bokek</i>	403	Coral Beach	442–447
<i>Metzad Bokek (Fort)</i>	403	The Coral Reef	443
<i>Metzad Zohar (Fort)</i>	403	<i>Yotvata Wildlife Preserve</i>	444
Mamshit (Kurnub)	404–411		
General Plan of the Site	406		
<i>Metzad Yorke'am (Fort)</i>			